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March 30, 1999

For Immediate Release:

AUTHOR STEDMAN GRAHAM TO PRESENT LECTURE AT EIU

CHARLESTON -- Stedman Graham, author of the *New York Times* best-seller, "You Can Make It Happen: A Nine-Step Plan for Success," will present a free lecture -- open to the public -- on the campus of Eastern Illinois University.

He will speak at 7 p.m. Thursday, April 1, in the Grand Ballroom of Eastern's University Union. There will be a book-signing session following the presentation.

Graham's book is an inspirational piece of work dealing with overcoming life's adversities. In the book, the author explains how everyone can overcome adversity and build self-esteem by determining who they are, creating a vision for themselves and then making a commitment to realize that vision.

The book draws on Graham's experiences as a professional athlete (the European Basketball League), as founder of the not-for-profit Athletes Against Drugs,

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STEDMAN GRAHAM

and as a corporate and community leader who sits on the national boards of several organizations, including Junior Achievement and the Urban League.

Graham's appearance is being co-sponsored by Eastern's Lumpkin School of Business, the University Board, the Interfraternity Conference, the Panhellenic Conference, and Delta Sigma Pi.